



### August 2008

Somewhere on this newsletter is a reminder about the club outdoor champs, but Petras would also like to remind everyone about the Short Metric League shoot on 31<sup>st</sup> August, hosted by Harrow, if I recall correctly.

And on the reminder note, Barbara would like membership cheques by the end of the month (otherwise you'll have to pay the joining fee again...).

Also, if you've seen something in the 'for sale' ads in previous newsletters, please contact the editors, and we'll let the sellers know you're interested.

Hope to see you all at the club champs!

*Happy shooting, as always,*

## Club Outdoor Championships

9<sup>th</sup> August, John Lyon School Playing Fields Sighters at 11.00; be there earlier so that we can set up and get targets sorted!!

Please sign up on the back wall if you haven't already, so that we know who's expected, and what food you need (ie veggies)

The round is a Short Metric (3 doz each at 50m and 30m, on an 80cm face). Juniors may shoot shorter distances according to age group if they wish.



Someone had a mini prang... I think most of us know who it was!!

## Mint Fridge Cake

(this is one for Vix to try...)

### Ingredients:

- 250 ml whipping cream
- 1 x tin of Dulce de Leche (caramel treat)
- 1 pack of Nice biscuits
- 1 big slab of mint chocolate (Mint Aero works well)

### Preparation

Whip the cream and grate all the chocolate. Add most of it to the whipped cream (leave some for decoration!)  
Add the dulce de leche to the cream mixture. Then in a dish, put down a layer of Nice biscuits and spoon over a layer of the cream mixture.  
Repeat this a few times, and you will end up with a cream layer on top.



The 2008 Beijing Olympics starts this week – hopefully there'll be loads of coverage on TV. Our teams have done really well in the last couple of years, so this will count towards them (fingers crossed).

Good luck to our GB archers:  
Charlotte Burgess, Naomi Folkard, Alison Williamson, Larry Godfrey, Simon Terry and Alan Wills.



### London Youth Games

At the beginning of last month (it was so long ago I can't remember exactly when!), an intrepid group of juniors ventured south of the river to Crystal Palace sports stadium. Yes, the dreaded Youth Games was upon us yet again. Accompanied by manager Petras and various parents they were joined by one of the editors, posing as the team coach.

We wore the Harrow t-shirts and sweatshirts, beautifully designed by our own Weetavix, although someone who shall remain nameless (the Incredible Bulk) kept moaning that everything was too small. The day started dreadfully – wind, rain, bad traffic etc etc. However, as we set up the line tents and umbrellas (and bows of course) the sky cleared and all but the wind disappeared.

All of our juniors shot the full Windsor distance, which would come as a distinct disadvantage. After the first distance (60yds for our bunch) we were in the lead! Yes! Perhaps we could finally usurp Redbridge from their pedestal...

It was not to be. Some of Harrow struggled hit the target, and when they did, it was the wrong one. D'oh. Practice, guys, you need to practice! After the second distance (50yds) Redbridge had not only crept up on us, but overtaken us! The coach took everyone for a walk, ice cream, and then some of them disappeared to have a go on the climbing column (not quite a wall). We won't say much about the third distance, suffice to say, we didn't manage to catch up to Redbridge, and came second. Again. But we did manage to have a brilliant water fight!! And JohnW won his age group, BenG came third, and Vix came third as well (and second in the fun shoot knockout).

Well done to the team of JohnW, BenG, Vix, Richerd, and from Pinner, JamesM.



Clockwise from above: on the podium, getting soaked, the shooting line.



### Quotes of the Month

**JonP: Something went click.**  
**Petras: It was probably your brain.**  
**JonP: I think it was my kidney**

Malcolm: Vic, where are you, you deaf old bastard  
Vic: Sorry? Did you say something?

**Overheard in hospital waiting room...**  
**Receptionist: Are your name and address correct on the letter?**  
**Patient: Yes, apart from the spelling**

The deadline for contributions to the next issue is 25<sup>th</sup> August 2008.